

SCORE

386. FIRST DAY

On your first day
Walk slowly around the Foundry
Listening to all the sounds
You have never heard before
Sounds that over the days,
Months, years
And maybe even decades ahead
Will become an ingrained
Part of your life

At the end of your shift
Whatever the distance
Whatever the weather
Walk all the way home
And on your walk home

Notice a buddleia growing out of a wall
Listen to a bird singing
Kick a loose stone along the pavement
Wonder how that wild flower
Can crack a paving stone
And while staring up into the sky
Make plans for the weekend

At home lie on your bed
Listen to your current
Favourite piece of music
Then run a bath
While lying in the bath
Consider how much
You and the wild flower
That cracked the pavement
Have in common

After listening to the last
Of the bath water
Going down the plughole
Consider the performance
Of this score to be completed

Further Information:

This score is to be performed by any employee
at Forgemasters, Sheffield, on the first day of
his or her apprenticeship.
This is the first of the Sheffield Scores.